

Sport & Fitness Courses – Semester 1, 2012

20 February 2012 – 18 May 2012 (Mid-semester break 02/04/12 – 09/04/12)

SESSION TIME	MONDAY	RM	TUESDAY	RM	WEDNESDAY	RM	THURSDAY	RM	FRIDAY	RM
Morning 8.30AM-11.30PM	COACHING & INSTRUCTION 1 Lecturer: Dion Walmsley	7			SPORTS & FITNESS LAW 1 Lecturer: Dean Martin	2	FITNESS ASSESSMENT & PROG.1 Lecturer: Dion Walmsley	1	STRENGTH & CONDITIONING 2 Lecturer: Dion Walmsley	2
BREAK										
Afternoon 12.00PM-3.00PM	PROFESSIONAL PRACTICE Lecturer:Sebby Balsamo	2	FITNESS ASSESSMENT & PROG.2 Lecturer: Sebby Balsamo	8	SPORTS & FITNESS LAW 2 Lecturer: Dean Martin	6	SPORTS TRAINER 2 Lecturer: Sebby Balsamo	TBA	CLIENT CARE - PHYSIO Lecturer: Sebby Balsamo	2
	COACHING & INSTRUCTION 2 Lecturer: Dion Walmsley	7	INTRO TO FITNESS Lecturer: Simon Edmondson	7	FITNESS ASSESSMENT & PROG.3 Lecturer: Sebby Balsamo	4	FITNESS ANATOMY & PHYS. Lecturer: Dion Walmsley	12	PERSONAL TRAINER 1 Lecturer: Dean Martin	3
	STRENGTH & CONDITIONING 1 Lecturer: Simon Edmondson	3			FITNESS INSTRUCTION Lecturer: Simon Edmondson	7				
BREAK										
Afternoon 3.00PM-6.00PM	CLIENT CARE - GENERAL Lecturer: Sebby Balsamo	2	SPORTS TRAINER 3 Lecturer: Sebby Balsamo	8	SPORTS & FITNESS BUSINESS Lecturer: Dean Martin	1	SPORTS TRAINER 1 Lecturer: Sebby Balsamo	12	CLINICAL PRACTICE - PHYSIO Lecturer: Sebby Balsamo	2
									PERSONAL TRAINER 2 Lecturer: Dean Martin	3
BREAK										
Evening 6.00PM– 9.00PM									SPECIAL GROUPS Lecturer: Dean Martin	3

NOTE: This timetable is subject to change without notice. Please contact Administration to confirm your class times. All classes are subject to numbers.

LEGEND RM: Room; Intro: Introduction; Physio: Physiotherapy; Phys.: Physiology; Prog.: Programming