

Fitness, Physiotherapy Assistant and Sport Timetable 2010 Semester 3

Commencing 6 September 2010 (Mid-semester break 20/09/10 – 26/09/10)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning 8.30am	Massage Therapy 1 Coaching & Instruct. 1	Sports Trainer 2 Massage Therapy 2 Nutrition 1	Anatomy & Phys. 1 (8.30-11.30 & 12.30-3.30) Anatomy & Phys. 2 (27/10/2010) Sports Trainer 3 Advanced Deep Tissue	Anatomy and Phys. 2 Shiatsu Fitness Assessment & Programming 1	Remedial Massage 2 Strength & Cond. 2
Afternoon 12 noon	Practice Management Coaching & Instruct. 2 Professional Practice (Physiotherapy) Strength & Cond. 1	Anatomy & Phys. 1 (starts 11.45am) Intro to Fitness	Special Groups Fitness Assessment & Programming 3	Remedial Massage 1 Musculoskeletal Anat. Fitness Anatomy & Physiology Clinical Practice (Phys)	Personal Training Sport Fitness & law
Afternoon 3.00pm	Lymphatic Drainage Anatomy & Phys. 3 Client Care – General	Fitness Instruction	Fitness Assessment & Programming 2	Communication Reflexology 1 Client Care (Phys)	Sports Trainer 1
Evening 6.00pm	Massage Therapy 1 (23 August 2010)	Musculoskeletal Anat. Communication	Anatomy & Phys. 1 (28 July 2010) Anatomy & Phys. 2 (6 October 2010)	Nutrition 1 Practice Management	

Note: This timetable is subject to change without notice, please contact Administration to confirm your class times. All classes are subject to numbers. Please note carefully subject start times to ensure early arrival.