



AIAS Newsletter

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Important dates for your diary

10-13 April 2009
Easter

10-19 April 2009
Mid-semester break

22 May 2009
End of semester 1

29 May 2009
Semester 1 assessments finalised

1 June 2009
Semester 2 starts

27 June – 5 July 2009
Mid-semester break

28 August 2009
End of semester 2

4 September 2009
Semester 2 assessments finalised

7 September 2009
Semester 3 starts

19-27 September 2009
Mid-semester break

4 December 2009
End of semester 3

11 December 2009
Semester 3 assessments finalised

Interested in a bachelor degree in beauty therapy?

AIAS Beauty Therapy links to Victoria University degree

AIAS students who have completed their Diploma of Beauty Therapy, and who have at least one year of experience as a beauty therapist, can now upgrade to a bachelor degree: the Bachelor of Health Science - Clinical Dermal Therapies.

This is a result of negotiations which have taken place between AIAS and Victoria University.

The upgrade requires three semesters of study, either full-time or part-time equivalent. Classes occupy one day each week. Students attend campus in Melbourne to complete their studies.

Four subjects constitute this upgrade: *Nutrition for Health and Wellbeing*, *Graduating Seminar*, *Clinical Practice 2*, and *Dermal Techniques 3*.



Graduates from the degree program should be eligible for membership with the Australian Society of Dermal Clinicians.

For those Beauty Therapy students seeking a higher level qualification, and to open up new employment opportunities, this is a huge breakthrough.

Visit the Victoria University website for more details. The URL for this degree is <http://wcf.vu.edu.au/Handbook/HTML/HE/C5294.asp>.

Hairdressing factoid

The heated curling iron was invented in France in about 1872 by Marcel Grateau (aka Francois Marcel).

This gave rise to the Marcel Wave, not something you see at a football match, but a stylish wave over the entire head that was put in place by these curling irons.

The heavy iron tongs had to be heated in flames, which meant that temperature was poorly controlled. Bad hair days must have been quite frequent occurrences with these cumbersome devices.

Did you know?

About 84% of adult Australians have a computer and are connected to the Internet.

About 73% have a broadband connection.

Almost one in ten Australians has a mobile email device (such as an iPhone or Blackberry) that allows them to check their emails while on the move. Of these people, most never turn their devices off.

Whether you're a student or practitioner, the Internet has become a critical resource. You must be connected.



natural medicine



beauty therapy



sport & fitness



hairdressing



massage therapy



aged care



english college

Ever thought about working in the booming hospitality industry?

Hospitality awards offered by AIAS from June 2009

The AIAS has now been accredited to offer Certificate III, Certificate IV, Diploma and Advanced Diploma courses in Hospitality. These will be available from 1 June 2009, by study on campus or by distance learning.

Graduates from these programs will find employment in such areas as bar attendant, wine waiter, bar manager, waiter, restaurant manager, and cafe manager.

The hospitality and hotel management area is one that is growing in most countries, generating employment



opportunities for AIAS graduates both in Australia and around the world. These awards are ideal if you would like to do a bit of globe trotting and earn your living while you are traveling.

If you would like to start your own cafe or some other hospitality venture, then one of these awards would equip you well for success.

For those interested in finding out more, talk to a staff member, or ask for a brochure from the office in Brisbane.

AIAS supports fire and flood victims

Our hearts go out to those who have become victims of the fires in Victoria, and the floods in Queensland. In particular we extend our sympathy to those who have lost loved ones and friends.

At AIAS we are doing our bit to help. This includes providing free replacement course materials to those who have lost text books or course notes in these tragedies.

If you have been affected, please get in touch with an AIAS staff member.

25% fee discounts are popular

To assist students during the global financial crisis, AIAS is continuing its discounted enrolment fees.

There are some conditions. You must enrol in at least four subjects at the one time. The subjects must all be distance education subjects, and must be paid for in full.

Get in quickly if you are planning on enrolling in more distance education subjects in the near future.

Study tip

Most people can only study effectively if they have a routine in their study patterns.

Let family and friends know that particular days and nights are your study times, and make sure that you have those times allocated to your study needs each week.

With a routine you know that you can accomplish a certain minimum amount of study each week.

A study routine should also ensure that you spend adequate amounts of time on every one of your subjects.

A bit of order in your study can only be a help to you.

But remember also to take plenty of breaks and get adequate exercise. Good results also require scheduling of appropriate breaks from your study.



We often find an AIAS student who is interested in letting us know a little about themselves and their study. For this Newsletter we interviewed **Valerie Shaw**.

What are you studying and have you graduated? Nutrition. I just graduated with the Advanced Diploma of Nutritional Medicine.

Student profile

What made you choose AIAS? Its distance courses give me the flexibility I need in my life.

What's the best part about being a student? I can get discount movie tickets. Oh, and a qualification.

What's the worst part about being a student? Losing part of my social life.

What's your favourite subject? Nutrition

What do plan on doing now you have graduated? Start my own business using my new qualification.

Have you any tips for fellow students? You're never too old to follow your dream.

If you were an animal, what would you be? A tiger. I'm tall, quick to adapt, and very private.

What's your favourite pastime? Settling down with a good book and a glass of wine (as long as it's not sweet). And exercising.