

AIAS Newsletter

April 2011

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2011

- 18-27 Apr Mid-semester break
- 20 May Semester 1 concludes
- 27 May Assessments finalised
- 30 May Semester 2 commences
- 5 Sep Semester 3 commences

Association of Massage Therapists offers free membership to students AIAS massage students recognised



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Our Facebook Fan Page is growing in popularity. It's updated regularly with all the latest news and interviews from the Institute.

So why not become a fan today.



In a move warmly welcomed by the AIAS, the Association of Massage Therapists (AMT) has offered free membership to AIAS massage students. This is a very generous offer that has many advantages for students.

Members have professional recognition and credibility, as well as a network they can tap into.

Student members receive a free electronic copy of the AMT quarterly journal.

Attendance at meetings, conferences and the AMT Annual Conference is at reduced rates for members.

Members also can arrange for student insurance at bulk rates, which gives great savings over the full rates. The public liability insurance provides protection against loss or damage to clients (and others) due to an unsafe

environment, and protection against bodily and mental injury, illness, disease or death of a client caused by negligence. Students are covered only for wellness-type treatments, not if they are treating a specific condition.

Students can become members of AMT as soon as they start their massage course. Insurance is available after passing the first semester of study.

To join, download an application form at www.amt.org.au, and click the Join AMT button, then the Application Forms button. Student memberships usually are processed within two weeks.

For more information about becoming a student member of AMT, visit the AMT website at www.amt.org.au, or phone them on 02 9917 9925. You can also discuss this with AIAS staff.



Free seminars for staff and students

ANTA (Australian Natural Therapists Association), one of the associations that AIAS has accreditation and recognition with, is offering free seminars for practitioners, students and graduates.

Also, Blackmores is offering a free Advanced Workshop on Mineral Therapy for AIAS lecturers.

Flyers and enrolment forms are available for these free events from AIAS.

Meet **Emma Anderson**
currently studying at
AIAS.



Student profile

What are you studying and when did you start?

Cert IV Massage Therapy and Advanced Diploma of Nutritional Medicine. I started on campus over Summer School 2010.

What made you choose AIAS?

I had been on a retreat to Gwinganna, and after being inspired by them to change my profession to become a Nutritionist, I approached them to get their advice on where to study.

They recommended this college, and after receiving the information pack and comparing it with other colleges throughout VIC, SA and QLD, decided to go with AIAS.

What's the best part about being a student?

The knowledge I am gaining – I just want to learn as much as I can. The classmates I've met and the lecturers I've had have been friendly and welcoming. (Also, although I'm an adult, I receive concession for the bus and movies etc which is a great bonus!!)

What's the worst part about being a student?

For me, personally, I have moved from my home and family in South Australia, so for the next few years I'm up here experiencing this wonderful city without them!

What's your favourite subject?

So far I've loved everything Barb has lectured in for my massage subjects from Summer School, and in this First Semester I am really enjoying Aromatherapy and Nutrition 1.

What do you plan on doing after you graduate?

I plan to do some extra study through the C.H.E.K Institute to complete my studies to be able to open my own clinic offering a variety of services as a Holistic Lifestyle Coach. I plan to go back home to SA and open my own clinic offering a variety of services as a Holistic Lifestyle Coach.

Have you any tips for fellow students?

Form connections with each other and with your lecturers, as you have a lot of people around who can support and help you. Be prepared when it comes to exam time – get study guides from lecturers early and try to build your knowledge on a week by week basis – it saves the stress of cramming the week before (or the night before) exams!!!

If you were an animal, what would you be?

I would probably be a kookaburra as I have a big loud laugh!

What's your favourite pastime?

I love going to the movies, and I enjoy a good laugh with Liz and Tahlia – my two lovely girlfriends I've met since I moved here!

Study tip

Study can be a lonely task, even if you are surrounded by others on campus.

Many students can spend the vast majority of their study time without making significant contact with other students.

They see others only at classes, and perhaps around the campus.

However, your learning can benefit when you bounce ideas off fellow students, and when you have study-related discussions with them.

You realise that they have study problems similar to yours. They may have trouble understanding the same things you do. And when this is brought out into the open, often solutions can be found.

The tip, then, is to get in touch with fellow students. Form study groups. Connect through emails, the phone, texting and tweeting. Take some of the loneliness out of your studies.