

Australian Institute of Applied Sciences

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# AIAS Newsletter

June 2011

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A specialist design event to remember at AIAS

## Hairdressing's punk event with attitude



**On Friday 20 May, AIAS Hairdressing students took centre stage for their annual Specialist Design Presentation, and this time it was a punk theme.**

According to Faculty Head Danielle Anderson, *"this created some panic because students were taken well out of their comfort zone. However, with tremendous support from lecturers Angie Gibbons and Ros Windsor, and through their own research, the students delivered to produce a memorable show which featured many gravity defying hair styles."*

Students spent 12 weeks preparing and perfecting their chosen styles, which included organising clothing and accessories for their models to compliment the design.

Our Beauty faculty assisted with outstanding make up, and the Hospitality students put the icing on the cake with an enjoyable afternoon tea.

In all it was a fantastic team effort!



**2011**

**30 May** .....Semester 2 commences  
**27 Jun-3 Jul** ..... Mid-semester break  
**26 Aug** .....Semester 2 concludes  
**2 Sep** ..... Assessments finalised  
**5 Sep** ..... Semester 3 commences

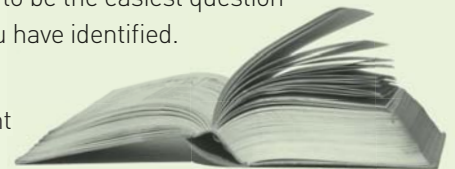
**Study tip**

**Settling down to an assessment can be a daunting task. It requires a calm yet agile mind, and a feeling of confidence.**

One way to have these properties is to prepare for any assessment well in advance. This requires a steady effort throughout the semester, rather than frantic study just prior to taking the assessment.

A technique to calm the nerves at the start of an assessment is to look through the entire paper to identify those questions where you are sure you know the answers. Then answer what you consider to be the easiest question first, and follow this up with the others you have identified.

This technique helps to build confidence, and helps to get rid of any pre-assessment jitters.



**Student profile**

**What are you studying and when did you start?**

I am studying a Certificate IV in Massage Therapy and I started in March 2011.

**What is your favourite subject?**

I think the deep tissue massage subject will be my favourite once I get onto it. That's pretty much the reason why I was interested in taking on this Remedial Massage Certificate.

**What do you enjoy most about football?**

The feeling I get when I play. It's just so much fun. I love the high you get when you score or when your team wins a grand final. I also love that anyone of any shape age and size can play the game.

**You were awarded the Roar Players Player of the year. How did that make you feel?**

It made me very proud to know that my team mates see me as the most valuable player, and I'm happy to know that my hard work has paid off.

**Who is your greatest inspiration, and why?**

The people who make it against the odds, the ones who strive through concrete walls that stand in their way of achieving success.

**What are your plans for the future?**

To play in the World Cup and the Olympics, and when I retire to go on to travel with a soccer team as their full time massage therapist.

**Have you any tips for fellow students?**

Find a way to enjoy the subject matter and learning will become easier. Also, training your memory is key! (Something I'm just trying to do now because I have such a bad memory).

Meet **Aivi Luik** currently studying at AIAS.

Aivi is a star footballer and an AIAS scholarship recipient.

**If you were an animal, what would you be?**

I would be a dolphin.

**What's your favourite pastime?**

Surfing and going to the movies.