



# AIAS Newsletter

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## Important dates for your diary

- 23 February 2009**  
Semester 1 starts
- 10-19 April 2009**  
Mid-semester break
- 22 May 2009**  
End of semester 1
- 29 May 2009**  
Semester 1 assessments finalised
- 1 June 2009**  
Semester 2 starts
- 27 June - 5 July 2009**  
Mid-semester break
- 28 August 2009**  
End of semester 2
- 4 September 2009**  
Semester 2 assessments finalised
- 7 September 2009**  
Semester 3 starts
- 19-27 September 2009**  
Mid-semester break
- 4 December 2009**  
End of semester 3
- 11 December 2009**  
Semester 3 assessments finalised

AIAS sets high standards with its facilities

## State of the art hairdressing

AIAS has recently installed upgraded teaching facilities for its hairdressing students. These state of the art facilities will improve the learning environment for students, and make teaching a dream.

The leather chairs are so comfortable that it would not be surprising to find students and staff

using them for relaxation in the middle of the day!

As far as we can determine, this is the most modern and best equipped hairdressing teaching centre in the country.

This new teaching environment has now opened, with the first students already using it.



### Beauty factoid

Kohl, made principally from soot, has been in use for more than 5,500 years, with the first evidence of its use being found from ancient Egypt.

It is thought that kohl was first used to protect against the glare of the sun, but it soon became more important around the world as a cosmetic, mainly as an eye liner.

Some preparations of kohl contain lead, which can be extremely toxic. If you are looking for kohl, find a brand that contains no lead.

### Did you know?

According to its website, the Therapeutic Goods Administration (TGA) carries out a range of assessment and monitoring activities to ensure therapeutic goods available in Australia are of an acceptable standard. This ensures that we have access, within a reasonable time, to therapeutic advances.

The TGA also has a Complementary Medicines unit to regulate vitamins, minerals, nutritional supplements and herbal, aromatherapy and homoeopathic products.



*Why not enjoy the L'Oréal experience next time you are on-campus? L'Oréal is an AIAS industry partner.*



natural medicine



beauty therapy



sport & fitness



hair-dressing



massage therapy



aged care



english college

Did you know about our second campus?

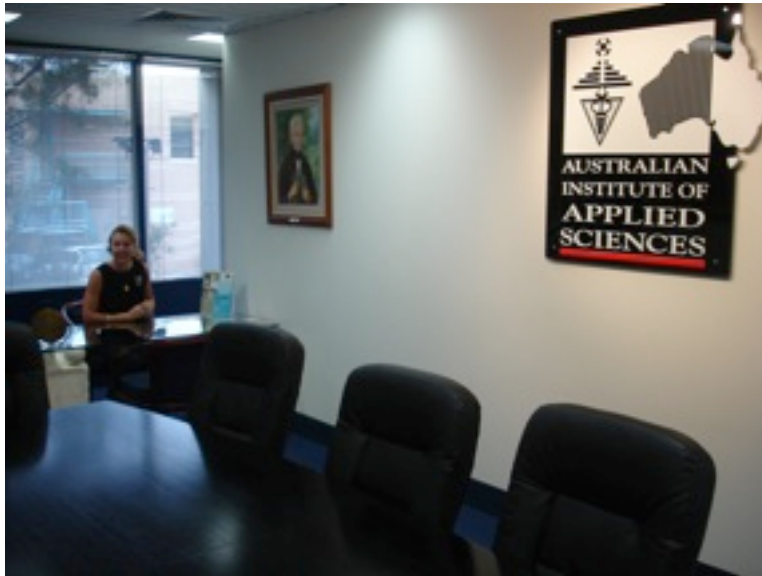
## AIAS has a presence in Canberra

Headed for the national capital? If so, why not check out the second campus of AIAS in the prestigious suburb of Deakin? The campus is located just a few minutes' drive from Parliament house, and is surrounded by national offices of health and other organisations, as well as private hospitals.

It's easy to reach by public transport.

While we can't recommend a visit during the bitterly cold winter months, Canberra has a good climate for most of the rest of the year, even by the standards expected by Brisbane students.

The campus in Canberra is not designed for on-campus study, but instead provides support for distance education students, and for students who wish to make phone and email enquiries about study at the AIAS.



Students who live in the area, and even some who have been prepared to travel, have attended the occasional workshop that has been held on the Canberra campus. These workshops have been appreciated by all who attend them.

Local students use the campus to sit assessments, and to make enquiries about their study.

The Canberra office is managed by the extremely capable Clare O'Dwyer, who is helped in this by the Academic Director of AIAS, Dr David Keightley.

The Canberra campus is located at 1/6 Napier Close, Deakin ACT 2600. The local phone number is 02-6282.8277. For those calling long distance the toll-free number is 1300-880.939. The email address for the Canberra campus is [actadmin@aias.com.au](mailto:actadmin@aias.com.au).

### Study tip

One of the best ways to discover whether you really understand something you have just been learning about is to try to explain it to someone else.

If you cannot explain something in plain and simple terms, you probably do not understand it!

Family and friends are good to use for this exercise, but you may find they tire very rapidly of being your study buddy. So try fellow students. Then when they give up on you, the family pets may be more amenable—they at least may have more tolerance of listening to you.

Whatever or whoever you use, you will find that explaining something out loud is a great way of learning, and understanding what you have learnt.

## AIAS develops links with Guangxi Traditional Chinese Medicine University

The AIAS and Guangxi TCMU have entered into an arrangement whereby AIAS acupuncture and natural medicine students can study at this very important Chinese university.

This is a wonderful opportunity for students to get a first-hand glimpse of traditional Chinese medicine in its home setting.

This large university is used to having foreign students study on its campus. It runs both short courses (about a week) and longer courses. Instruction is in English.

Guangxi province lies at the south east corner of China, bordering Vietnam and the Gulf of Tonkin on its south. It is a beautiful and mountainous region of China that has a sub-tropical climate.

Further information about study at Guangxi TCMU can be obtained from AIAS administrative staff.

Find out about the short courses on offer by going to: <http://www.gxtcm.com/ss/students/ArticleShow.asp?ArticleID=60>.

