

Fitness, Sport and Physiotherapy Assistant - Summer School 2011/12

5 December 2011 – 17 February 2012 (Mid-semester break 24/12/11 – 02/01/12)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning 8.30am- 12.00pm	Introduction to Fitness	Musculoskeletal Anatomy Nutrition 1	Massage Therapy 2/ Therapeutic Massage	Anatomy & Physiology 2 Fitness Assessment & Programming 1	
Afternoon 12.30pm – 4.00pm	Fitness Anatomy & Physiology Massage Therapy 1/ Relaxation Massage	Communication	Remedial Massage 1	Remedial Massage 2	

Note: This timetable is subject to change without notice, please contact Administration to confirm your class times. All classes are subject to numbers. Please note carefully subject start times to ensure early arrival.