

Fitness, Allied Health (Physio Assisting) and Sport Summer School 2009 – 2010

Commencing 7 December 2009 (Mid-semester Xmas break 25/12/2009 – 4/01/2010)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Morning</p> <p>8.30am - 12 noon</p>	Intro to Fitness	Fitness Instruction Musculoskeletal Anatomy	Massage Therapy 2 Special Groups Client Care - General	Anatomy and Phys 2 Fitness Assessment and Programming 1	Remedial Massage 2 Strength and Conditioning 2 Client Care – Physiotherapy Assist.
<p>Afternoon</p> <p>1.00pm – 4.30pm</p>	Fitness Anatomy and Physiology Massage Therapy 1	Nutrition 1 Communication Strength and Cond. 1 Professional Practice	Sport and Fitness Law	Remedial Massage 1 Fitness Assessment and Programming 2	Clinic Practical (Physio Assistants)

Note:

This timetable is subject to change without notice, please contact Administration to confirm your class times. All classes are subject to numbers